

Rest

November 5, 2023

Genesis 2:2-3 "On the seventh day God had finished his work of creation, so he **rested** from all his work. And God blessed the 7th day... because it was the day he **rested**..."

*God rested **FROM** his work but our 1st day was one of rest. We were created to rest **INTO** the work God's given us.*

Exodus 20:8-11 "...but the seventh day is a Sabbath day of **rest** dedicated to the Lord your God..."

Mark 2:27 "The sabbath was made to meet the needs of people..."

Why do we need to start with REST? Because the rest we need most is based in our trust and faith being placed in God.

Mark 4:35-40 "...But soon a fierce storm came up, Jesus was sleeping at the back of the boat with his head on a cushion."

Hebrews 3:7- 4:16 - "God's special rest for His people"

Matthew 11:28 "Then Jesus said, *Come to me, all of you who are weary and carry heavy burdens, and I will give you **rest**.*"

vs.29 "Take my yoke upon you. *Let me* teach you, because I am humble and gentle at heart, and you will **find rest** for your souls."

Jesus wants to teach us to find rest, even in the midst of storms. The question is will we
LET Him?

"most of the things we need to be most fully alive never come in busyness. They grow in rest." -Mark Buchanan

How is Jesus calling you to place your trust in Him so you can enter his rest?

NEXT STEPS Today During the Message! Learn more about our church and how to get connected through this four week course. Week 1 starts today with a conversation about our history and our core values. Join the class in Classroom 1 during the message portion of the service.

this week...

CROSS CURRENT at 6pm tonight! 7th-12th graders gather every Sunday here at the church.

PROPHETIC COMMUNITY Monday at 6pm Our Prophetic Community group meets on the 1st & 3rd Monday to learn more about what the Bible says about prophetic ministry and how we can practice it in a safe and encouraging environment. **ALSO: if you would like to receive prophetic prayer you can talk to Barb Barkley or Angie Agans.**

FOURTH COAST COMPANIONS TRAINING Wednesday Fourth Coast Companions is a new ministry being launched in 2024 to assist our elderly neighbors to age in place. If you would like to volunteer then sign up for this training. We will be offering a Saturday training in the new year. Register today on our website or fourthcoastcompanions.com

BRIDGE Thursday at 6pm 5th - 7th graders come together every other Thursday night for fellowship, spiritual growth and fun!

PRAY FOR OUR NATION Friday at 8am A group of us gather every Friday morning to pray specifically for our country.

MENS GROUP Saturdays at 8am All men are invited to this weekly group that meets here at the church on Saturday mornings!

coming up...

ALL 4 ONE RUN November 17th-18th Participate in this run to raise awareness for the 125,000+ kids in the U.S. waiting to be adopted. You can run, purchase some merch, or attend the celebration at the end. Sign up today on our website or at www.all4onerun.com

THANKSGIVING UNITY SERVICE November 20th at 6pm Our Massena Area churches are gathering at Sacred Heart church on Main Street to worship together and give thanks. Hope you can join us!